



October 2025

**The Four Seasons
Contact Information:**

Office: 815-547-5343

fourseasons@kcmcmh.com

Fire, Police, Emergency: 911

Your Staff to Serve You

Property Manager:

Ashlee Kempthorne

Office Assistant: Anjelina Zuniga

Regional Account Manager:

Stephanie Luna

Four Seasons Office Hours

Monday-Friday: 9am-5pm

Saturday & Sunday: CLOSED

Website

www.fourseasonsdreamhomes.com



The Four Seasons

700 W. Chrysler Drive • Belvidere, IL 61008 • (815) 547-5343



October Pleasures

"There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October." —Nathaniel Hawthorne

Trick-or-Treating Hours

Trick-or-Treating hours for the park this year is 4pm-7pm. Happy Halloween!

Downtown Trick-or-Treating!

Belvidere Chamber of Commerce, located on State Street, is hosting trick-or-treating on October 29th, from 5pm-7pm.

Celebrate Right Meow!

National Cat Day is Oct. 29.

How Loud Is Too Loud?

Studies show that extended or repeated exposure to loud noises can cause permanent hearing loss. Any sound measuring 85 decibels or higher is defined as loud. During National Protect Your Hearing Month in October, familiarize yourself with the decibel levels of some common sounds:

- Normal conversation: 60 decibels
- Alarm clock: 80 decibels
- Lawn mower: 90 decibels
- Motorcycles: 100 decibels
- Clap of thunder: 120 decibels

Sip a Dark Roast

Drinking coffee has been linked to better brain health, and recent studies reveal that darker roasts may contain the most protective compounds.



WELCOME HOME

Wolf Hollow Witches Market

Featuring over 150 makers, a Witches Dance, and contests. October 4th, 2025, 2pm-8pm, Boone County Fairgrounds, 8847 IL Route 76, Belvidere, IL, 61008.

Reminder: Holiday Decor

Residents, this is a reminder that all holiday decorations must be taken down 30 days from the holiday.

Apple Nachos

The taste of a caramel apple served up nachos-style makes an easy fall snack. Place apple slices on a plate and drizzle them with warm caramel sauce. Add chopped nuts, crushed pretzels, or chocolate chips. For peanut butter lovers, drizzle apples with melted peanut butter and top with chopped peanut butter cups.

You'll Love Our Neighborhood!

CLASSIFIEDS

- Power washing: Jim,
815-520-3610

E&C Exteriors: Power washing,
siding, skirting, patios and driveways:
Hayes Villareal, 815-708-3896

*Interior and exterior painting: Mike
Reidy, 815-323-5007

- Lawn Mowing: Aydin,
815-979-9372, leave message if
no answer

*Home repair & grass mowing: Ed
Koenig, 815-484-3029

*RC Lawns & Landscaping,
608-449-8244

*Lawn Maintenance: Alejandro
Nevarez, 815-329-3899

*Handyman Juan: tree trimming,
tree removal and stump removal,
815-980-2029 or 815-372-7644

*J&A Lawn and Landscape: patios,
fences, retaining walls, brush & tree
removal, etc. For free estimates, call
815-544-4993; for 24/7 emergency
service, call 815-540-1433.

- Crimson Valley Landscaping:
779-970-0316 or 815-397-1860

- Green Acres Lawn Care:
815-703-0873

- Green Town Landscaping:
815-593-1521

- Residential & Commercial
Cleaning, free estimates, call
Brenda, 815-762-6115

*Dog Walker- Hour Walk or Less,
Call Adriana 224-308-4663

*Help with Errands and Doctor
Appointments: Alice Marquis,
815-519-6602

- Pressure Washing & Cleaning,
interior/exterior painting, English
615-603-2997, Spanish
331-645-6307

- Ultimate Exteriors: Free
Estimates, gutter & exterior
cleaning, roof repair, etc.
608-295-6514



Large Trash Pickup Day

Large trash pickup day will be
Wednesday, October 15th! Only 3
large items per household. *NO
garbage bags or yard waste!* Here are
some approved items: couches,
tables, dressers, mattresses, toilets,
dryers, stoves, dishwashers, TV
stands, chairs, etc. Please contact the
office if you have questions about
other items.

Let Go and Grow

"Autumn teaches us the beauty of
letting go. Growth requires release—
it's what the trees do." —Ka'ala

Reminder: No Overnight Parking

Overnight parking is prohibited in
the park. Violators will be towed
without warning. There are signs at
both entrances of the park. Residents,
it's your responsibility to notify your
guests. Also, when applicable, please
be sure to utilize your driveways
during the day rather than being
parked out on the street to ensure a
clear passage for other vehicles. It
makes it difficult for other vehicles to
get through and it's especially
important for emergency vehicles.

Prepping the Exterior of Your Homes for the Winter

Residents, as the cold approaches,
be sure to pull your last flowers, put
away plants, or anything you want
protected until spring comes back
around. Also, please remember that
patio furniture and grills are the only

Heat Tape Prepping!

To avoid freezing water lines, be
sure to install heat tape on the pipes
underneath your home and check to
ensure they're working properly. The
heat tape will keep the pipes from
freezing and bursting, which in turn,
will save you money on expensive
repairs and damages to property.
Furthermore, failure to check your
pipes or install heat tape can lead to a
broken meter, which in this case, will
unfortunately be a cost to the resident.

Power Washing Homes and Driveways!

Before the cold fall/winter
approaches, some homes are in need
of power washing. We have already
given notices to residents who need to
power wash the exterior of their
homes/driveways due to stains, dirt, or
mold. Please have this taken care of
before it gets too cold.

things allowed to remain outside.
Toys, shoes, trash cans, lawn
equipment, etc., must be put away.

The Leaves Are Falling!

Once the leaves start falling,
please be sure to consistently keep up
with your leaves and take them down
to the appropriate dumpster (yard
waste dumpster) before yard waste is
shut down for the season. *They must
be put into brown yard waste bags.
Plastic bags are not acceptable!*
Blowing leaves into the street or into
your neighbor's yard will result in a
\$25 fine per occurrence.

A Sport for Everyone

Sports fans are sure to be
animated this month. With football in
full swing, baseball playoffs in motion
and the new basketball and hockey
seasons beginning, there's plenty of
excitement to go around!



Fall Luncheon 2025

Dine in at the American Legion, Thurs, NOV. 20TH, 11:00AM-1:00AM, 140 Meals Available! They will be serving a turkey dinner with stuffing, green bean casserole, sweet potatoes, and roll and butter. With your choice of coffee, water, or lemonade. Finished with pumpkin pie for dessert. Dine-in or take to go! Sign up with the Four Seasons Office and pick up your tickets. 815-547-5343. You must be signed up in advance to receive a meal. Deadline to sign up is Monday, NOV. 17th, or until sold out.



Pumpkin Mac and Cheese

Ingredients:

- 8 ounces rotini or medium shell pasta
- 5 tablespoons butter, divided
- 1/4 cup all-purpose flour
- 1 12-ounce can evaporated milk
- 1 cup milk
- 1/2 cup canned pumpkin
- 1 1/2 teaspoons salt
- 1/4 teaspoon ground black pepper
- 1/4 teaspoon ground nutmeg
- 2 cups shredded Swiss or Gruyère cheese
- 1 cup shredded cheddar cheese
- 1/2 cup bread crumbs

Directions:

- Cook pasta as package directs. Drain and set aside.
- Heat oven to 375 F. Grease 2-quart baking dish. In 4-quart saucepan over medium heat, melt 3 tablespoons butter. Stir in flour; cook 1 minute. Gradually stir in evaporated milk and milk; cook until mixture is thickened and smooth. Stir in pumpkin, salt, pepper and nutmeg.
- Remove from heat; whisk in cheeses until smooth. Stir in cooked pasta; toss to mix well. Spoon into baking dish.
- Melt remaining 2 tablespoons butter; stir in bread crumbs. Sprinkle on top of casserole. Bake 30 minutes or until sauce is bubbly and mixture is golden.

Find more recipes at
www.CansGetYouCooking.com.



Health & Wellness



Take Care of Your Teeth

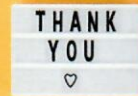
October is National Dental Hygiene Month, highlighting the importance of proper oral care. Besides keeping your smile looking its best (just in time for World Smile Day!), good dental health also contributes to overall health by ridding your mouth of harmful bacteria that can enter the bloodstream.

Good dental health is rooted in the basics of daily brushing and flossing, eating a proper diet and regular dental visits.

Brush your teeth and gums at least twice a day, giving your tongue a few gentle strokes to remove excess bacteria. Replace your toothbrush every few months; a good reminder is to get a new toothbrush with each new season of the year. Floss once per day to remove plaque and food particles from areas the toothbrush can't reach. Rinse with water after brushing or flossing.

A proper diet also benefits dental health. Keep sugary snacks to a minimum, and brush after consuming them.

Visit your dentist every six months for professional cleanings and checkups. Also see your dentist right away if you experience tooth pain, swollen gums or any sort of bleeding in the mouth.



With the storm that happened in September, we want to thank residents for helping out your neighbors in the aftermath and for pulling branches from the roads to make sure cars could still get through. Thank you, Maintenance, for working hard to pick up the fallen trees and branches in our common green areas. There were 40-plus trees down and it seems we are finally coming to an end with disposing all of the fallen trees/branches.



Check Your Furnace!

- Check the thermostat's heat mode. Turn the temperature down, then up, and make sure you hear the heat kick on.
- Change out clogged or dirty filters and verify power to your furnace by checking that the light is in on position.
- Check your main panel for a tripped circuit breaker (labeled "furnace" or "heat"). If tripped, flip completely off then back on.
- Open all vents and registers in your home and check for airflow. Low airflow can signify a furnace problem.
- Check for blocked or dirty igniter/flame sensor.

October 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October

Rent Is Due.

**Last Day to Pay
Rent Before Late
Fee.**

Trash Pickup.



Columbus Day

Trash Pickup

Extra Trash Pickup Day

Trash Pickup

Trash Pickup

Trick-or-Treating
Hours
4pm-7pm



COLOR Your World

