



**March 2023**

**The Four Seasons'  
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Four Seasons Office Hours

Monday-Friday: 9am-5pm

Saturday & Sunday: CLOSED

Website

[www.fourseasonsdreamhomes.com](http://www.fourseasonsdreamhomes.com)



# The Four Seasons

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## Spring Starts

In the Northern Hemisphere, the spring equinox usually falls between March 19 and 21. This year, spring starts on March 20, and with it comes new beginnings. Take this opportunity to restart forgotten resolutions, begin a new journey you've been putting off or spruce up your home for a fresh feel.

## Daylight Saving!

Daylight saving time begins March 12, 2023, at 2:00am. At this time, we "spring forward" one hour!

## Opal

Greek American Heritage Month is celebrated in March.

## Dumpster Area

Please do not leave trash outside the gate of the dumpster area. Any trash or items you're getting rid of should be placed inside the gate. Also, make sure you are putting your trash in the correct dumpster. There is one for yard waste, regular trash, and metal.

## Eat Green on March 17

This year on St. Patrick's Day, add in a dose of fun by challenging yourself to eat mostly green foods for the day. Some examples of dishes or drinks to try are green smoothies, green tea, broccoli nuggets, guacamole, spinach or zucchini noodles, matcha popcorn or green velvet cupcakes. The possibilities are truly endless and probably yummier than you expect.



WELCOME HOME

## Don't Put Garbage Down Sewer Lines

Disposing of trash down drains and toilets causes severe damages to your household plumbing and will lead to sewer overflows and back-ups that cause harm to human health and our park environment. Any trash such as feminine hygiene or dirty diapers, for example, should go in the trash and

not the toilet.

## Trash Pickup Day Reminder

This is a reminder that trash or trash cans can only be put out on Tuesdays for trash pickup, or on Mondays after 5:00pm. If it's not trash pickup day or Monday after 5:00pm, trash cans must be stored away in the shed or garage.

**You'll Love Our Neighborhood!**



## CLASSIFIEDS

- Power washing: Jim, 815-520-3610
- E&C Exteriors: Power washing siding, skirting, patios and driveways: Hayes Villareal, 815-708-3896
- Interior and exterior painting: Mike Reidy, 815-323-5007
- Home repair & grass mowing: Ed Koenig, 815-484-3029
- Carpet Cleaning: Clean Transformation, 815-601-1211
- Green Acres Lawn Care: 815-703-0873
- Handyman Juan: tree trimming, tree removal and stump removal: 815-980-2029 or 815-372-7644
- Lawn maintenance: Alejandro Nevarez, 815-329-3899
- Home repairs: Light home repairs: call Dave, 815-277-4218, or email [fixthings@mailbox.org](mailto:fixthings@mailbox.org) or [fixthings@tutanota.com](mailto:fixthings@tutanota.com)
- Home Sweet Home Cleaning: Chelsea Grant, 779-270-4057, [homesweetcleanservice@gmail.com](mailto:homesweetcleanservice@gmail.com)
- Snow plowing, salting, shoveling: Francisco, 815-593-1521
- Shoveling: Steve Edenburn, 630-770-7417
- Snow Blowing and Shoveling: Nick, 815-404-6605
- Traveling Man: We Buy Junk cars! 224-538-9838
- For Sale: full size futon with mattress, cover, and pillows. Futon frame is blond wood and in good condition. \$75 or best offer! Call Greg: 630-606-1728
- Caregiving and House Cleaning: Kristin Gregory, 775-217-8409 (leave message)
- The Four Seasons does not endorse the advertisers.



## The Coffee Brewing Craze

Coffee has been around since the 9th century, so it's only natural that people have come up with more and more ways to brew the perfect cup. Which of these methods perks your interest the most?

**Boiling.** The simplest method of brewing, boiling coffee produces a strong, no-fuss flavor. Commonly called cowboy coffee, it's made by mingling water and coffee grounds in a pot, which is placed over a fire—great for camping trips!

**Steeping.** This method also puts coffee grounds and hot water in direct

contact, but the grounds are filtered out before drinking. A French press device serves out a strong, distinctly flavored cuppa. Steeping with cold water produces cold brew coffee, which has a sweet, non-acidic taste and is ideal for iced coffee beverages.

**Drip.** Standard coffee pots, also called auto-drip machines, use this method. Pour-overs are another drip technique that's gained popularity in recent years as a quick way to make a small serving of clear-tasting coffee. Just place a cone over a mug or carafe and insert a paper filter, fill the filter with grounds, then pour hot water over them.

**Pressure.** This technique ensures a highly concentrated and caffeinated shot of java. Espresso is the most popular, but single-serve pod machines have also become mainstream in many homes and businesses.



## Cleaning Up After Our Dogs!

As stated in The Park's Rules and Regulations, please be responsible and clean up after your dogs! *They must also be on a leash and supervised at all times. They cannot be left outside unattended.*

## Puppy Dog Eyes

National Puppy Day, March 23, celebrates the irresistible charm of puppies. Scientists have recently discovered that the mournful expression affectionately called

"puppy dog eyes" is a trait that domesticated dogs developed over generations in order to communicate with people. Unlike their close relative the wolf, dogs have facial muscles that enable them to raise their eyebrows, which triggers a nurturing emotion in humans.

## Reminder: No Overnight Parking

Overnight street parking is prohibited from 11pm-6am. Signs are up at both entrances of the park.

**Beware: violators will be towed without warning!** No parking for more than 24 hours at the mailbox pavilions on both sides of the park or the flag park. Parking at the mailbox pavilions is for residents who are accessing mail, otherwise, no long term parking is allowed.





### The Name Game

Have you ever found your name on a plastic keychain? Just like music, movies and cars, names go through trends. While some names stay current for long periods of time, others can be pinpointed to certain decades.

Names can trend for many reasons. One large influence is pop culture. Naming a child after an actor, musician, song title or fictional character is a common occurrence. Another influence is politics. Teddy gained popularity in honor of Theodore Roosevelt, as did Reagan for Ronald Reagan. More recently, the popularity of the musical about Founding Father Alexander Hamilton has transformed his surname into a first-name fad.

Trends also can come from the sound and rhythm of words, called prosody. Examples include Ethan and Aiden, ending with an "N" sound, or Carl and Kayla, beginning with a hard "K" sound. Experts say this type of pattern often emerges from parents subconsciously picking up a preference for certain sounds.

In the 1940s, the most popular names were James, Robert, Mary and Linda. The 1970s saw the top two male names of Michael and Christopher, which stayed in their positions for three decades, until Jacob rose in the ranks in the 2000s. Female names cycled much more quickly through the years, with top picks ranging from Lisa, Jennifer and Amy to Jessica, Emily and Madison.

The 21st century has seen a surge in more creative monikers as well as a return to classic names.

## What's Cooking

### Fish With Bok Choy and Rice

Light and flavorful, this meal comes together in minutes.

#### Ingredients:

- 1 fillet of white fish, such as tilapia, cod or halibut
- Salt and pepper
- 1 tablespoon butter
- 1 teaspoon sesame oil
- 1 teaspoon grated ginger
- 2 baby bok choy, quartered
- 1 teaspoon soy sauce
- 1 cup cooked brown rice

#### Directions:

Use a paper towel to pat dry each side of the fish fillet. Season both sides with salt and pepper.

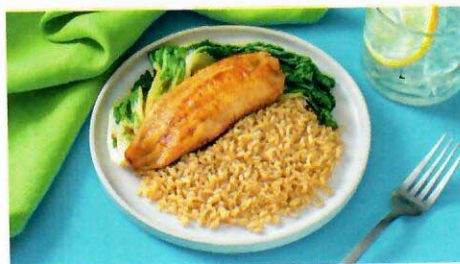
In a medium skillet, melt butter over medium-high heat. Add fish and cook for 2 minutes on each side. Remove fish from pan and keep warm.

In the same pan, add sesame oil and ginger. Cook for 1 minute.

Add bok choy to pan and stir-fry for 2 minutes. Add soy sauce and stir to incorporate.

Immediately serve fish over the cooked bok choy and warmed rice.

For more recipes, visit [MinuteRice.com](http://MinuteRice.com).



Emmanuel Hernandez and Denisse Lopez and family, Yashneira Ruiz and family, Luz and Adan Cabanas and family, and Stephanie and Timothy Modrzejewski and family.



Remember to slow down and make full stops at stop signs! The speed limit in the park is 15 mph. To ensure your safety and the safety of others, please obey the law!

**What type of bow can't be tied?**



**A Rainbow!**

#### Try Your Luck

"Be humble. Be nice to people. And you might be ready to be lucky."  
—Zoey Deutch



## March 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<i>March</i>			1 Rent Is Due	2	3 Last Day to Pay Rent Before Late Fee.	4
5	6	7 Trash Pickup	8	9	10	11
12	13	14 Trash Pickup	15	16 	17 St. Patrick's Day Luncheon Pick Up Meals at American Legion (Must Have Tickets to Pick Up)	18
19	20 	21 Trash Pickup	22	23	24	25
26	27	28 Trash Pickup	29	30	31	

## "This Month In History" MARCH

**1912:** The first parachute jump from a moving airplane takes place. U.S. Army Capt. Albert Berry made the leap over St. Louis, Mo.

**1936:** The Hoover Dam is complete! After five years of construction, the dam spanning the Colorado River between Arizona and Nevada was able to begin creating hydroelectric power.

**1941:** Nashville, Tenn., becomes the home of the first FM radio station. WSM-FM was a commercial station for the National Life and Accident Insurance Company.

**1958:** Elvis Presley enters the U.S. Army. Already a rock 'n' roll star, he remained an active duty soldier for two years.

**1964:** The first Ford Mustang rolls off the production assembly line.

**1977:** Scientists discover that Uranus has rings, like its fellow planet Saturn. Dark in color, the rings were only seen because a star blinked repeatedly as the planet's rings passed in front of it.

**1981:** President Ronald Reagan is shot and wounded in an assassination attempt. At the hospital, Reagan reportedly joked to his wife, "Honey, I forgot to duck."

**1998:** "Titanic" becomes the highest-grossing movie in box office history, earning over \$2.2 billion worldwide. It was later surpassed by "Avatar" (2009) and "Avengers: Endgame" (2019).

**2005:** The PlayStation Portable handheld gaming console debuts in North America. In five years, 17 million PSPs were sold in the U.S. alone.